
















SEL Story Selection Guide

Quick reference for all 36 Enchantably story templates. Match the right story to the classroom moment.

Growing Up

Story	CASEL	Grade	Best For
 Bedtime Bravery	Self-Management	Pre-K–1	Nighttime fears, separation anxiety at bedtime, teaching children to reframe fear through humor
 The Growing Seed	Self-Management	Pre-K–2	Growth mindset lessons, when students compare themselves to others, persistence through difficulty
 The Quiet Song	Self-Awareness	Pre-K–2	Celebrating introverted students, when quiet children feel invisible, sensory overwhelm
 The Tiny Protectors	Social Awareness	Pre-K–2	Environmental stewardship, Earth Day, community responsibility, interdependence in nature
 Room for Two	Relationship Skills	Pre-K–1	New sibling arrivals, sharing, jealousy about attention, welcoming new classmates
 The Feelings Rainbow	Self-Awareness	Pre-K–2	SEL curriculum, after conflicts, emotional check-ins, building feelings vocabulary
 Plan B Adventure	Self-Management	Pre-K–2	Teaching flexibility, when plans change unexpectedly, dealing with disappointment
 My Very Own Way	Self-Awareness	Pre-K–2	Celebrating uniqueness, when children feel pressure to conform, creative self-expression
 The Wishing Tree	Self-Management	Pre-K–2	Patience, delayed gratification, understanding that real growth takes daily effort
 Feelings Explorer	Self-Awareness	Pre-K–2	Deep emotional literacy, counseling sessions, helping children name and navigate complex feelings
 Two Homes, One Heart	Self-Awareness	Pre-K–2	Children in two-household families, divorce/separation transitions, reassurance that love travels




Adventure

Story	CASEL	Grade	Best For
 Blast Off!	Responsible Decision-Making	Pre-K-2	Sparking curiosity, encouraging questions, science exploration, wonder about the unknown
 Deep Dive	Responsible Decision-Making	Pre-K-2	Practicing patience, mindful attention, when students rush through things without noticing
 Dinosaur Discovery	Responsible Decision-Making	Pre-K-2	Overcoming fear of the unknown, learning as a tool to reduce fear, scientific curiosity
 Jungle Expedition	Responsible Decision-Making	Pre-K-2	Building self-reliance, when students say "I can't do it," resourcefulness, problem-solving
 Pirate Treasure	Relationship Skills	Pre-K-2	When children fixate on material things, friendship lessons, discovering what truly matters
 Arctic Explorer	Self-Management	Pre-K-2	When a child wants to give up because something is hard, endurance, inner strength
 Enchanted Forest	Responsible Decision-Making	Pre-K-2	When a child is unkind to someone different, respecting rules and boundaries, patience
 The Castle & the Dragon	Social Awareness	Pre-K-2	When children default to aggression, understanding that "scary" things might need help

Sports & Teamwork

Story	CASEL	Grade	Best For
 The Big Game	Relationship Skills	Pre-K-4	Competition struggles, winning/losing anxiety, building team trust, sportsmanship
 Practice Makes Progress	Self-Management	Pre-K-4	When a child wants to quit because they aren't immediately good, celebrating small gains
 The New Player	Relationship Skills	Pre-K-4	New student joining mid-year, cliques excluding others, seeing value in different perspectives
 Win or Learn	Self-Management	Pre-K-4	After setbacks, losing at games, when effort doesn't equal immediate results, resilience

Stories Together

Story	CASEL	Grade	Best For
 Our Grand Adventure	Relationship Skills	Pre-K-3	Intergenerational relationships, grandparent visits, bridging age differences, storytelling
 The Story Garden	Social Awareness	Pre-K-3	Family storytelling traditions, oral history, creating connection through shared narratives
 When You Were Little	Social Awareness	Pre-K-3	Self-reflection, perspective-taking, understanding growth over time, memory and identity

Seasonal

Story	CASEL	Grade	Best For
🌟 The Midnight Wish	Self-Management	Pre-K–2	New Year reflection, goal-setting, transitions between school years, intentional growth
💖 Before You Were You	Self-Awareness	Pre-K–1	New baby siblings, adoption stories, identity and belonging, feeling wanted and celebrated

Safety Magic

Story	CASEL	Grade	Best For
🌍 I Know What to Do!	Responsible Decision-Making	Pre-K–2	Teaching what to do when lost in public, field trip preparation, stranger safety basics
🏊 Safe and Splashy!	Responsible Decision-Making	Pre-K–2	Before summer break, pool party prep, bath time rules, teaching water respect
🔥 Safe Steps Out!	Responsible Decision-Making	Pre-K–2	Fire safety week, practicing escape plans, teaching stop-drop-roll, smoke alarm awareness
🛡️ My Voice is Strong!	Responsible Decision-Making	Pre-K–2	Body autonomy, trusting gut feelings, when something feels wrong, personal boundary setting
🚶 Super Street Crosser!	Responsible Decision-Making	Pre-K–2	Walking to school safely, crossing streets, neighborhood safety, pedestrian awareness
🏠 I've Got the House!	Responsible Decision-Making	1st–4th	First time staying home alone, latchkey kids, building independence with safety rules
🐾 Gentle Hands, Happy Tails!	Responsible Decision-Making	Pre-K–2	Before visiting homes with pets, when children are too rough with animals, empathy for animals
⚠️ Ask Before You Taste!	Responsible Decision-Making	Pre-K–2	Medicine safety, cleaning product awareness, teaching the "ask first" rule, Poison Control

CASEL Competency Quick Reference

Self-Awareness: Recognizing emotions, strengths, and values

Self-Management: Managing emotions, setting goals, showing perseverance

Social Awareness: Empathy, perspective-taking, respecting diversity

Relationship Skills: Communication, cooperation, conflict resolution

Responsible Decision-Making: Making constructive choices, evaluating consequences