



Two Homes, One Heart — Lesson Plan

Grade: Pre-K–2 | Duration: 35–45 minutes | CASEL Domain: Self-Awareness

Objective: Students will understand that having multiple homes means having multiple sources of love, and that transition feelings are normal.

Essential Question: *"Does your heart get smaller when it has more places to love, or does it grow?"*

Materials: The personalized story, Paper hearts (two per child), Small bag or backpack, Crayons and markers

Vocabulary: Home, Heart, Transition, Love, Packing, Routine, Miss, Familiar, Both, Carry

ANTICIPATORY SET (5 MIN)

Ask: "What makes a place feel like HOME?" Chart answers. Underline the FEELING words. "Home is a feeling, not just a building."

DIRECT INSTRUCTION (15 MIN)

Read aloud. Pause at transitions — validate the mixed feelings. Pause at the discovery. Emphasize: the heart GROWS, it doesn't divide.

GUIDED PRACTICE (10 MIN)

Love Is the Same game. Discuss: what changed? What stayed? Connect to real transitions.

INDEPENDENT PRACTICE (10 MIN)

Create two connected hearts. Write what you love about each place. Connect with string.

CLOSURE (5 MIN)

Hold up your connected hearts. Share: "Love is the same in both because ____."

ASSESSMENT

Observe comfort with emotional vocabulary. Review connected hearts. Exit ticket: "What travels with you no matter where you go?"

DIFFERENTIATION

Support: Provide heart templates. Allow drawing only. Don't require two "homes" — any two important places work.

Extend: Write a "Transition Guide" for kids going through changes. Create a comfort kit to give to someone else.

HOME CONNECTION

Send home the connected hearts. Encourage families to name what's special about their specific home.
