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# Room for Two — Lesson Plan

Grade: Pre-K–1 | Duration: 35–45 minutes | CASEL Domain: Relationship Skills

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**Objective:** Students will understand that big feelings about change are normal and that sharing space creates room for new connections.

**Essential Question:** *"How does your heart make room when your world changes?"*

**Materials:** The personalized story, Paper and crayons, Two small boxes or containers, Heart stickers

**Vocabulary:** Share, Space, Change, Jealous, New, Together, Tiny, Connection, Patience, Belong

## ANTICIPATORY SET (5 MIN)

Ask: "Has anything at home ever changed in a big way? How did you feel about it?" Partner share, then group discussion.

## DIRECT INSTRUCTION (15 MIN)

Read aloud. Pause at the jealousy moment — normalize it. Pause at the finger-grab — ask what changed. Emphasize: feelings about change are normal, and tiny connections grow into big love over time.

## GUIDED PRACTICE (10 MIN)

Two Boxes activity: each child sorts items into "Just Mine" and "Ours" boxes. Discuss which box feels more important — trick question, BOTH matter equally.

## INDEPENDENT PRACTICE (10 MIN)

Draw three expanding hearts (small, medium, big). Fill each with the people who belong. Write: "My heart grows bigger when \_\_\_\_."

## CLOSURE (5 MIN)

Add a link to the class Connection Chain. Share: "One tiny moment that made my heart grow was \_\_\_\_."

## ASSESSMENT

Observe ability to name mixed feelings during discussion. Review heart drawings. Exit ticket: "Name one feeling that's normal when things change."

## DIFFERENTIATION

**Support:** Provide feeling face cards. Allow drawing instead of writing. Pair with a buddy who has similar experiences.

**Extend:** Write a letter to a child who is getting a new sibling, sharing advice from the story.

## HOME CONNECTION

Send home the "Heart That Grows" activity to do with family. Ask families to share their own "making room" stories.