



# Plan B Adventure — Lesson Plan

Grade: Pre-K–2 | Duration: 40–50 minutes | CASEL Domain: Self-Management

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**Objective:** Students will practice handling disappointment when plans change and discover that flexibility and creativity can lead to unexpected adventures.

**Essential Question:** *"What happens when we let go of Plan A and open up to Plan B?"*

**Materials:** The personalized story, Paper folded in half (Plan A / Plan B), Building materials (blocks, craft sticks, tape), Crayons and markers

**Vocabulary:** Plan, Pivot, Flexible, Disappointment, Surprise, Creative, Unexpected, Adapt, Adventure, Possibility

## ANTICIPATORY SET (5 MIN)

Tell a quick story: "I planned to \_\_\_\_\_ but then \_\_\_\_\_ happened. And guess what? \_\_\_\_\_ turned out even better." Ask: "Has this happened to you?" Partner share.

## DIRECT INSTRUCTION (15 MIN)

Read aloud. Pause at the plan falling apart — sit with the disappointment for a moment. Then pause at the pivot. Emphasize: the hero didn't pretend it was fine. They felt sad FIRST, then noticed something new.

## GUIDED PRACTICE (10 MIN)

Plan B Building Challenge: start building, then roll dice for "disruptions." Pivot creatively. Discuss: was the disruption the end or the beginning?

## INDEPENDENT PRACTICE (10 MIN)

Create a Plan A / Plan B flip book. Draw both. Write: "Plan A was \_\_\_\_\_ but Plan B was \_\_\_\_\_. I liked Plan B because \_\_\_\_\_."

## CLOSURE (5 MIN)

Share one Plan B story. Create a class motto: "Plan B is a surprise adventure!"

## ASSESSMENT

Observe flexibility during building challenge. Review flip books. Exit ticket: "What's the difference between giving up and making a Plan B?"

## DIFFERENTIATION

**Support:** Provide Plan A/B sentence frames. Model the pivot with exaggerated enthusiasm to reduce anxiety.

**Extend:** Write a "Plan B Survival Guide" with tips for when plans change. Create a comic strip of a multi-Plan adventure.

## HOME CONNECTION

Send home the flip book. Encourage families to narrate their own plan-changes this week: "That was our Plan A. Now let's make a Plan B!"

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