



# Safe Steps Out! — Lesson Plan

Grade: Pre-K–2 | Duration: 40–50 minutes | CASEL Domain: Responsible Decision-Making

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**Objective:** Students will learn and physically practice the fire escape protocol: get low, feel the door, find the exit, meeting spot, never go back.

**Essential Question:** *"What should your body do automatically when you hear a smoke alarm?"*

**Materials:** The personalized story, Floor plan template for escape routes, Smoke alarm sound clip, Cones for meeting spot

**Vocabulary:** Escape plan, Meeting spot, Smoke alarm, Get low, Crawl, Exit, Never go back, 911, Firefighter, Practice

## ANTICIPATORY SET (5 MIN)

Play a smoke alarm sound. Ask: "What does this sound mean? What should you do RIGHT NOW?" Chart responses.

## DIRECT INSTRUCTION (15 MIN)

Read aloud. At each safety step, STOP and PRACTICE it physically as a class. This is not a listening lesson — it's a doing lesson.

## GUIDED PRACTICE (10 MIN)

Full fire escape drill with crawling, door-checking, and meeting spot assembly.

## INDEPENDENT PRACTICE (10 MIN)

Draw a home escape map with two routes and meeting spot. Practice 911 call.

## CLOSURE (5 MIN)

Recite the steps together. Walk through one more drill. Cheer: "I KNOW the plan!"

## ASSESSMENT

Can children demonstrate: get low, feel door, find exit? Can they identify meeting spot? Exit ticket: "What do you NEVER do during a fire?"

## DIFFERENTIATION

**Support:** Use visual step cards during drill. Walk the route hand-in-hand.

**Extend:** Create a fire safety poster for the school hallway. Write a fire safety song.

## HOME CONNECTION

CRITICAL: Send home the escape map. Ask families to walk the routes and practice ONE full drill this week.

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